

## Workshop Overview

This workshop is designed to equip you with the basic knowledge and skills to respond to someone in immediate need. The workshop teaches skills to deliver immediate assistance to “do no harm”:

- Preserve the sexual health and wellbeing of the individual
- Prevent the worsening of the individual’s sexual health and well-being
- Promote the process of recovery and restoration of good sexual health and well-being

The workshop does not intend to teach skills for the treatment or diagnosis of sexual health problems, but rather offers perspectives on initial responses to people in need, and where appropriate, until referrals to specialised services can be made. Sexual health issues are common, causing anxiety, confusion or distress. Many people may delay seeking professional assistance, either through fear or embarrassment, through ignorance of its severity or impact, and uncertainty as to the appropriate support available.

## Areas Covered Include

- Am I normal?
- What is happening to me?
- We’ve lost that spark.
- I’m so confused about my gender.
- I think I’m gay.
- I think I’m pregnant.
- I don’t want to get pregnant.
- I can’t fall pregnant.
- Am I ready?
- Developing healthy relationships.
- Should I be worried about this child’s behaviour?
- What gives you the right? Is this legal?
- I’ve been sexually assaulted.
- I think I caught something.
- I don’t want to catch anything.

## About Iris Education

Iris Education is a health education company founded in 2015 by Dr Caroline Harvey, Dr Fiona Mack and Dr Kay Strom. Iris Education focuses on sexual and reproductive health for doctors and nurses but can deliver and arrange and facilitate education on other topic areas. Iris education emphasises learning through interactive face-to-face activities (case studies; clinical mentoring; small group learning) where participants are able to share ideas with experts across the sector and with colleagues. The team is flexible and can deliver training options in your workplace, at conference workshops or provide individual clinical supervision. In 2016 Dr Steve Lambert and Mr Brad Reuter joined the Iris Board of Directors who are joined by a suite of experts to deliver interactive teaching and learning throughout the state.



This workshop has been approved for 14 Category 2 RACGP QI&CPD points

## Workshop Details

**When:** 10 Sept 2016,  
8.50am to 5.15pm

**Where:** Victoria Park Golf Club, Herston Rd, Herston

**Cost:** \$275.00 (inc GST)

**Enrol online at:**  
[www.iriseducation.com.au](http://www.iriseducation.com.au)

**Who:**  
This course is designed for those who form the first point of contact who in the course of their daily lives are likely to be approached for support and assistance: telephone counsellors, School and community nurses, youth workers, indigenous health workers, General Practitioners, school teachers, counsellors and parents.

**Information:** Brad Reuter  
[brad.reuter@iriseducation.com.au](mailto:brad.reuter@iriseducation.com.au)

## Presenters and Facilitators

- Dr Stuart Aitken
- Ms Sara Bell
- Ms Holly Brennan
- Dr Judith Dean
- Dr Joe Debattista
- Dr Caroline Harvey
- Dr Steve Lambert
- Dr Fiona Mack
- Ms Ricki Menzies
- Dr Amy Mullens
- Mr Brad Reuter
- Dr Kay Strom